

SM and FGB SA Efficiency Evaluation

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-08:00	.	Prep for work
08:05-08:20	.	Daily planning conference (<i>S-band</i>)
08:20-08:40	CDR	HRF GASMAP: power on
08:20-10:40	FE-1	Fan grid clean up on FGB interior panels
08:40-09:00	CDR	Tag up with specialists on operation of Soyuz TMA-3 ЛДИ-11 (<i>S-band</i>)
09:00-10:00		Physical Exercise (TVIS)
10:00-10:05		Weekly maintenance of TVIS
10:05-10:15		Wire rope inspection
10:15-10:45		FOOT: kit transfer
10:40-12:10	FE-1	Physical Exercise (TVIS) day 2
10:45-11:45	CDR	HRF (GASMAP): 30 days: performance check
11:45-11:50		Daily CSA-CP O2 readings
11:50-11:55		CO2 weekly readings
12:00-12:05		Set GASMAP to lower power mode
12:05-12:15		Questionnaire: entry into the log
12:10-12:15	FE-1	Inspection of БПК separator.
12:15-12:25		TVIS/RED/CVIS data transfer to MEC.
12:15-12:45	CDR	EARQ ops
12:25-12:45	FE-1	IMS file prep
12:45-13:45	.	LUNCH
13:45-14:00	FE-1	Private medical conference (<i>S-band</i>)
13:50-14:10	CDR	Educational PAO (EPO) with P/L demonstration: procedure review
14:00-14:25	FE-1	EARQ ops
14:10-14:25	CDR	EPO: camcorder set up with a film
14:25-14:50	.	Educational PAO (EPO): tool demonstration
14:50-15:10	CDR	HRF GASMAP: power off
14:50-15:30	FE-1	Replacement of gas mask ИПК-1М No. 003 with No.004 in SM
15:15-15:30	CDR	SPHERES-BBT: video equipment set up
15:30-16:30	FE-1	SPHERES-BBT: photography
15:30-16:30	CDR	SPHERES-BBT: test
16:30-16:55	FE-1	Maintenance of COЖ
16:30-16:40	CDR	SAMS: hard disk R&R
16:40-16:55		Routine inspection of RED
16:55-18:25		Physical Exercise (RED)
16:55-17:35	FE-1	Filter cartridge changeout in FGB dust collectors ПС1 and ПС2 (<i>Use units from the white bag behind panel 227 FGB. Report to MCC numbers of the installed ones</i>)
17:38-17:52		Tag up with specialists regarding the veloergometer (PMC) (VHF)

17:52-18:50		Physical Exercise (load training – cycle 1) day 2
18:25-18:30	CDR	SAMS: hard disk R&R
18:30-18:45		PMC (<i>S-Band</i>)
18:50-19:05	.	Daily planning conference (<i>S-band</i>)
19:05-19:30	.	Prep for work
19:30-20:00	.	DINNER (RENAL: pill ingestion)
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-6:00		SLEEP

Task List	FE-1	Equipment search
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Note: See OSTP for references to US activities
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